REPUBLIC OF KENYA





DR-TB Patient Treatment Log Book

Patient Name:

Patient Reg. No.:



September 2020 MOH/DPPH/DNTLD/ DRTBPTTreat.LOGBOOK/001

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	Definition Treatment completed as recommended by the national policy without evidence of
Outcome	Definition
Cured	Treatment completed as recommended by the national policy without evidence of failure AND three or more consecutive cultures taken at least 30 days apart are negative after the intensive phase
Treatment Complete	Treatment completed as recommended by the national policy without evidence of failure BUT no record that three or more consecutive cultures taken at least 30 days apart are negative after the intensive phase
Died	A patient who dies for any reason before starting or during the course of treatment.
Treatment Failed	 Treatment terminated or need for permanent regimen change of at least two anti-TB drugs because of: Lack of conversion by the end of the intensive phase, or Bacteriological reversion in the continuation phase after conversion to negative, or Evidence of additional acquired resistance to fluoroquinolones or second-line injectable drugs, or Adverse Drug Reactions (ADRs)
Lost to Follow Up	A patient who started treatment and interrupted for 2 consecutive months or more

CONTACTS SCREENING

Contacts are defined as persons living in the same household, or spending many hours together in the same indoor living space. Screen the contacts for TB symptoms and obtain a chest X-Ray at baseline. Close contacts of DR TB are at high risk of DR TB. Close contacts with TB should be treated as DR TB. Refer to the DR TB guidelines. Screen contacts for symptoms every 0 months (at time of diagnosis of the index case), 3 months, 6 months, 12 months, 18 months and 24 months. If a contact is found to have TB symptoms, obtain a chest X-Ray, genexpert FL LPA, SL LPA, and culture and DST. (Document this in the clinical notes section

CIII	ilcai notes section				,					·	,	γ		
					Date	/_/	_	Date / /	Date / /	Date / /	Date / /	Date / /	Date / /	Date / /
No.	Name	Age	Sex	Mobile No.	Are there TB symp- toms? (Y/N)	CXR	GeneXpert Results	Are there TB symp- toms? (Y/N)	Are there TB symp- toms? (Y/N)	Are there TB symp- toms? (Y/N)	Are there TB symp- toms? (Y/N)	Are there TB symptoms? (Y/N)	Are there TB symptoms? (Y/N)	Outcome TB/ No TB
												3		
											TO6	ime		
											7			
						Key 1.Normal 2.Abnormal (Suggestive of TB) 3.Abnormal Others 4.Not done								

DR TB (CATEGORY IV) TREATMENT CARD

County:				
Sub-County:				
Health facility Name				
Patient Name:				
		±/Г:1:±/1	-l-+:\.	
Model of care(Comm	ıunı	ty/Facility/iso	plation):	
Date of Registration:				
Sub-County DR TB Re	egist			
Phone number:			F Reg No:	
ID NO/NEMIS No:		Occ	cupation:	
Place of Residence: Nearest Landmark e.	a cc	hool/church	/ mosque:	
Sex: Male	g sc	Female [_	
	te n	f Birth: /	<u>,</u>	
Initial Weight(kg):			BMI/ BMI for A	ge/ Z score:
Treatment Supporte			, , , , , ,	
Name:				
Mobile Number:				
Physical Address:				
Medical History				
Condition			Current Medica	ation
Diabetes mellitus				
Renal Disease				
Liver Disease				
Convulsions, epileps				
Cardiovascular disea	se			
Psychiatric history				
Severe malnutrition				
Cancer				
Asthma/COPD				
Covid-19				
Other				
Other medications u	sed			
	Pul	momary		
Type of TB	Ext	rapulmonary		
Туре от тв	Bot	:h		
			ry, specify Sub ty	
Indicate Anti-TB me	dici		Remarks/0	Comments
Isoniazid		П		
Rifampicin Ethambutol				
Pyrazinamide				
Streptomycin		П		
ou eptomyem				

	Registration Group	Select only one
1	New patient	
2	Relapse	
3	Return after loss to follow up	
4	After failure of 1st Line (FFT)	
5	After failure of retreatment	
6	Transfer In	
7	Others (previously treated without known outcome status)	

Previous *	Previous Tuberculosis Treatment episodes						
Number of episodes	Start date (if unknown, put year)	Health Facility	Remarks				

HIV Information

HIV Testing done: YES	NO				
Date of Test://	_	-ve □	+ve		
If positive, on ART:YES	NO	Date st	arted:	/_	
ART Regimen ———					
CD4 count: Viral Lo	oad:				
Patient CCC Number:					
On CPT: YES/ NO Date	starte	ed:/			
Previously on TPT: Yes/N	0	_			
Key:ART- Antirotroviral therapy TPT (TB Preventive					
CPT=Cotrimoxazole preve	entive		,	Ther	гару)
Comorbidities and Risk	factor	s	Tick a	s appli	cable
Smoking					
Alcoholism					
Drug and substance use					
Pregnancy					
Malnutrition					
COVID-19					
Others (Specify)					
Presenting complains		Tick	as app	licable	
Cough					
Fever					
Shortness of breath					
Night sweats					
Weight loss/poor weight gain/Failure to thrive					
Chest pain					
Others (Specify)					

Des la el			- 1
	used 2nd line drugs: YES	NO	Don't Know
	s applicable below		
BDQ	Bedaquiline		
Am	Amikacin		
Km	Kanamycin		
Cm	Capreomycin		
Cfx	Ciprofloxacin		
Lfx	Levofloxacin		
Mfx	Moxifloxacin		
Pto	Prothionamide		
Eto	Ethionamide		
Cs	Cycloserine		
PAS	Para Aminosalicilic Acid		
Cfz	Clofazimine		
Lzd	Linezolid		
DLM	Delamanid		
Aug	Augmentin		
Imp/ Cil	Imipenem/ Cilastatin		
INHh	High dose Isoniazid		
		-40	
		-01	
			·
	COECIT		
	40		
	71	<u>I</u>	

Obs/ Gyn history		
Last mensturation date//	(dd/mm/yy)	
Parity	Gravidity	
Contraceptive use: YES	Specify	NO
Social history		
Currently smoking	packs/ day, for	
Currently drinking alcohol: drinks/day	years	
Currently using addictive drugs: (specify)		
Employment status	N	larital status
Unemployed	Married	
Retired	Single	
Student	Divorced	
Occupation (specify)	Separated	
	Widow(er)	

Vital Signs	Functional status:
BP/	Able to conduct normal activity, No special care needed
Pulse rate/ min	Unable to conduct normal activity, Some assistance needed
Temp oC	Unable to care for self, requires hospitalization
Resp. rate/ min	
SpO2(%)	

	Systemic examination
(Fill in the findings	on systemic examination below as either normal or abnormal)
Lymph nodes	
Cardiovascular system	
Respiratory system	
Abdomen	
Skin	
Urogenital system	
Musculoskeletal exam	
Neurological exam	
Other	

Baselin	e lab test results	
Test	Date	Results
Creatinine		
Bilirubin		
AST		
ALT		
Potassium		
Full haemogram		
TSH		
Pregnancy test		
Magnessium		
RBS		
Albumin		
CD4		
Viral Load		
Othe	r Baseline tests	
Test	Date	Results
ECG (QTCF)		

Date	Results
sting	

- specimen

ANTHROPROMETRIC MEASUREMENTS

Date	Weight (kg)	Height/Length (m)	7 score(0-59Months)	Nutrition Support (Specify) (Refer to key below)	Comments
					5pecimen -
					60
					71

Nutrition support	code
Nutritional Counselling	NC
Therapeutic feeds	RUTF
Supplementary Feeds	FBF
Vitamin A	
Pyridoxine	
Not Done	ND

	D	PR-TB TREATMENT OUTCOME	
Outcome	Mark One	Date of Outcome	
Cured			
Treatment Complete			
Died			
Died		specimen	
Treatment Failed		91	
Lost to Follow Up			
,			
Transferred Out			

ADHERENCE COUNSELING CHECKLIST

Questions	Baseline	Day 14	Day 28	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Month 13	Month 14	Month 15	Month 16	Month 17	Month 18	Month 19	Month 20
Date						7			ĺ	-	,	10			13	17	13	10	17	10	13	
Agreement between HCW and patient	****Tick app	oropriately	y****		·	·						L.						<u> </u>				
Is the patient willing to receive DOTs?																						
Does the patient fully understand the duration of treatment?																						
Does the patients understand that the health care worker will retain confidentiality?																						
Does the patient understand the consequences of stopping/refusing treatment to themselves?																						
Does the patient understand the consequences of stopping/refusing treatment to their close contacts and general																						
Does the patient understand they can be put under involuntary isolation as a consequence of stopping/refusing treatment?																						
If the patient stopped/ refused TB treatment in the past, what will he/ she do differently this time in order to complete treatment?														•								
Arrange with the patient		•	•		•	•	•	•	•	•		•	~ 6	72			•	•	•	•		
Does the patient understand the need to organise his/her priorities in order to better cope with changes and interruptions in social life?										6	C											
Does the patient have a treatment supporter (caregiver or family member) that would participate in the sessions and help in treatment management?									5													
Does the patient have a daily schedule and treatment plan for DOT?																						
Health care workers responsibility					·	·						·						·				
Have you assisted the patient to evaluate the factors likely to interfere in the treatment and their solutions?																						
Will you be available for the patient to express his emotions and other psychological reactions?																						
Will you assist the patient to anticipate causes of treatment interruption and identify strategies to overcome them?																						
Have you applied the PHQ9 form to the patient?																						
If mental or substance abuse history, have you refered to appropriate care providers?																						

CONSENT FORM

Level	Information provided	Agree	ment
	Is the patient willing to receive DOTs?	Yes	No
	Does the patient fully understand the duration of treatment?	Yes	No
Agree between	Does the patients understand that the health care worker will maintain confidentiality?	Yes	No
HCW and patient	Does the patient understand the consequences of stopping/refusing treatment to himself/herself?	Yes	No
	Does the patient understand the consequences of Stopping/refusing treatmentto their close contacts and general public?	Yes	No
	Does the patient understand that one of the consequences of Stopping/refusing treatment is involuntary isolation for the duration of treatment?	Yes	No
	Does the patient understand the need to organize his/her priorities in order to better cope with changes and interruptions in social life	Yes	No
Arrange with the patient	Does the patient have a treatment supporter (caregiver or family member) that will participate in the education/counselling sessions and help in treatment management	Yes	No
	Does the patient have daily schedule for taking his medication and treatment plan for DOT	Yes	No
	Have you helped the patient to evaluate the factors likely to interfere in the treatment and their solutions?	Yes	No
	Will you be available for the patient to express his emotions and other psychological reactions?	Yes	No
	Will you assist the patient to anticipate barriers to implementing treatment plan and identify strategies to overcome them?	Yes	No
	Have you applied the PHQ9 and CAGE form to the patient?	Yes	No
Health care workers responsibility	Is there a history of mental illness or substance abuse? (If	Yes	No
	yes, refer to appropriate care providers)		

1(patient identified to have DR TB/Guardian)
And	
(who	o is the Next of kin/Treatment supporter)
have been explained about DR-TB, the medicines to be us	sed and associated adverse/side effects, the
need to complete treatment and the duration of treatme We also understand the consequences of stopping/refusi general public.	
We have agreed that the patient will be started on DR T that the patient will present themselves to the health fac daily) for the stipulated treatment period as advised by the we also undertake to ensure that the patient do circumstances. In case of interruption of treatment, we including involuntary isolation treatment for the patient in	ility (or allow a health worker to visit them ne health care worker. es not interrupt treatment under any understand the applicable consequences,
Sign:	
Patient/Guardian	Next of Kin
Date	Date:
Phone No:	Phone No:
Witness (Health care worker):	
Name :	Cadre:
Sign:	Date:
Phone No: Facility official stamp Reviewed Subcounty TB Leprosy Coordinator Name Date	ng.
Facility official stamp	Vo
Reviewed	
Subcounty TB Leprosy Coordinator	
Name	. Sign:
Date	
Phone No:	

				1st an	d 2nd lir	ne Cultur	e DST result	s (Phenoty	/pic)				B ≥		1st and 2n	d line I D/	N DST Re	sculte (G	anotynic)	
				1	1		Km	Am	Cm	Fq	Pto/ Eto	Cther		н	R	Km	Am	Cm	Fq	Other
D	ate	S	Н	R	E	Z	KIII	AIII	CIII	гч	Flo	thei		- "	, n	KIII	AIII	Cili	гч	Other
										4										
										9	7									
											Ť									
							Follov	v up Smea	r Micros	copy res	ults				F	ollow up	Culture	results		
GENEXI	PERT Res	ults (tick where	e applicable	·)	Month	Sputi	ım smear m	icroscopy	Month	Sputi	um smear n	nicroscopy	Month		Culture		Month	1	Culture	
	DETECTI	ED			No.	Date	Sample No	Result	No.	Date	Sample No	. Result	No.	Date	Sample No.	Result	No.	Date	Sample No.	Result
MTB	NOT DE						,		40				_							
	RESISTA	NT			0				13				0				13			
RIF	SENSITIN																			
	SENSITI	V L			1				14				1				14			
					-															
					2				15				2				15			
		tation met	hod for	DSI																
R-Resis					3				16				3				16			
S-Susce	ptible																			
r																				
Notatio	on metho	d for recor	rding m	icroscopy	4				17				4				17			
		N - A FD		0																
	1_0	No AFB AFB per 10		Scanty																
	1-9	Aib pei 10		(Report no	5				18				5				18			
				of AFB)																
	10-99	AFB per 10	0 HPF	+																
					6				19				6				19			
	1	L-10 AFB pe	er HPF	++																1
	>	10 AFB per	r HPF	+++	7				20				7				20			
					8				21				8				21			
Nota	ation me	thod for re	cording	cultures	9				22				9				22			
Growth	l			G																
				NG	10				23				10				23			
No Gro				NG																
	berculous	s plated but		· /NITN4\	1				24											
	wth of MT		NG	i (NTM)	11				24				11				24			
Cambridge	.:																			
Contam	ıınated			С	12								12							

LABORATORY AND CLINICAL FOLLOW UP **RESULTS** Full heamogram Serum Creatinine Magnesium Potassium CD4 Viral Pregnancy ECG (GT Visual ALT TSH Other (specify) TESTS: Bilirubin AST RBS Count load interval) WBC Platelets Month of Treatment Date Baseline (Month 0)

		P	UDIOM	ETRY FO	OLLOW	UP TOO	L (if patie	ent is on Ar	ninoglycos	sides)
Month	Date	FREQUENCY (dbl)	500	1,000	2,000	3,000	4,000	6,000	8,000	Comments
		Right								
0		Left								
		Right								
1		Left								
		Right								
2		Left								
		Right								
3		Left								
		Right								
4		Left								
		Right								eimen
5		Left								
		Right							-6	
6		Left						G	16	
		Right								
7		Left								
		Right								
8		Left								
		Right								
9		Left								
		Right								
10		Left								
		Right								
11		Left								
		Right								
12		Left								

DR-TB REGIMEN MODIFICATION

Drug	Date treatment started	Initial Dosage	Date of Dose adjustement	Adjusted Dose	Reason for adjusting dosage	Date drug was substituted	Reason for drug substitution
Bedaquiline (Bdq)							
Levofloxacin (Lfx)							
Moxifloxacin (Mfx)							
Linezolid (Lzd)							
Clofazimine (Cfz)							
Cycloserine (Cs)							1en
Delamanid (Dlm)						AT.	
Isoniazid (Inh)						26,	
Rifampicin (Rif)					40		
Ethambutol (Emb)							
Pyrazinamide (Pza)							
High Dose Isoniazid (Hh)							
Prothionamide (Pto)							
Ethionamide (Eto)							
Para-Aminosalicylic Acid (PAS)							
Kanamycin (Km)							
Amikacin (Amk)							
Capreomycin (Cm)							
Imipinem (Imp)							
Amoxy-Clavulanic Acid (Amx/Clav)							
Indicate type of contraception (for fe	emales)						

Month:																																Reason for missed drug
Date:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Bedaquiline (Bdq)																																
Levofloxacin (Lfx)																																
Moxifloxacin (Mfx)																																
Linezolid (Lzd)																																
Clofazimine (Cfz)																																
Cycloserine (Cs)																																
Delamanid (Dlm)																																
Isoniazid (Inh)																															4	
Rifampicin (Rif)																														?	1	
Ethambutol (Emb)																											3	V	2			
Pyrazinamide (Pza)																										?		•				
High Dose Isoniazid (Hh)																							E	5								
Prothionamide (Pto)																																
Ethionamide (Eto)																																
Para-Aminosalicylic Acid (PAS)																																
Kanamycin (Km)																																
Amikacin (Amk)																																
Capreomycin (Cm)																																
Imipinem (Imp)																																
Amoxy-Clavulanic Acid (Amx/Clav)																																
Mark in the boxes O)	Daily	/ Ob:	serve	ed			Com	ımeı	nts:																		
1				١	٧	Not	Supe	ervis	ed																							
				Х	(Drug	g not	take	en																							

														N	/lont	h		/\	ear														Enter code from	n key below
	Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Management	Outcome
Side Effect_																																		
1 Nausea																																		
2 Vomiting																																		
3 Abdominal p	oain																																	
4 Palpitation																																		
5 Diarrhea																																		
6 Headache																																		
7 Fatigue																																		
8 Dizziness																																		
9 Fever																																		
10 Jaundice																																		
11 Vision chang	ges																																	
12 Oedema																																		
13 Joint pain																																		
14 Rash																																		
15 Discoloratio skin and mu membrane	n of cus																											5						
16 Depression																											3							
17 Psychosis																								3.	(
18 Constipation	1																						$\overline{\ }$											
19 Decreased h	earing																					3												
20 Tinnitus																				4														_
21 Tremors																																		
Others (list)																																		
22																																		
23																																		
24																																		
Side offect grad				l		l			<u> </u>	l	1		I		<u> </u>	l								lana						Jutor				

Side effect grading

Grade 0 - No side effect.

Grade 1 - Mild symptoms that don't interrupt normal functioning but requiring reassurance.

Grade 2 - Moderate symptoms causing greater than some interfernce in normal functioning. Requires monitoring and reassurance

Grade 3 - Severe symptoms causing limitation in normal functioning. Requires clinical intervention including regimen modification

Grade 4 - Potentially life threatening symptoms causing inability to perform. Requires hospitalisation for management.

Management

- 1 Drug withdrawn
- 2 Dose reduced
- 3 Dose not changed
- 3 Dose not change
- 4 Patient reassured
- 5 Patient hospitalized

Outcome

- 1 Recovering/Resolving2 Recovered/Resolved
- 3 Requires prolonged hospitalization
- 4 Causes congenital anomaly
- 5 Permanent disability/morbidity
- 6 Not resolved
- 7 Unknown

Month:																																	Reason for missed drug
Date:	1	2	3	4	5	6	ĵ	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	3 24	25	26	27	28	29	30	31	
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Imipinem (Imp)																																	
Amoxy-Clavulanic Acid (Amx/Clav)																																	
Mark in the b	oxe	5				0				erve				Com	ımer	nts:																	
						N	N	ot S	upe	rvis	ed																						
						Х	D	rug	not	take	en																						

														N	/lont	h		/\	Year			_											Enter code from	n key below
	Date:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Management	Outcome
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8	Dizziness																																	
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10	Jaundice																																	
11	Vision changes																																	
12	2 Oedema																																	
13	Joint pain																																	
14	1 Rash																																	
15	Discoloration of skin and mucus membrane																								5									
16	Depression																							3										
17	7 Psychosis																				X	7	12											
18	Constipation																			7	5	7												
19	Decreased hearing																-	4	3	3														
20	Tinnitus																	<u>.</u>	5															
21	Tremors																																	
	Others (list)																																	
22	2																																	
23																																		
24																																		
	le effect grading			1				1		1	1	1		1		1				1			N	lana	gem	ent			(Outc	ome			

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4 Causes congenital anomaly

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Linezolid (Lzd)																																
Clofazimine (Cfz)																		0	1													
Cycloserine (Cs)															3		U															
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Isoniazid (Inh)											C	T	5																			
Rifampicin (Rif)																																
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Imipinem (Imp)																																
Amoxy-Clavulanic Acid (Amx/Clav)																																
Mark in the b	oxe	5			()	Dail	ly Ob	serv	ed.			Con	nme	nts:																	
					1	V	Not	Sup	ervi	sed																						
					>	<	Dru	g no	t tak	en																						

														N	/lont	h		/\	ear/			_											Enter code from	n key belov
	Date:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Management	Outcome
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4	Palpitation																																	
5	Diarrhea																																	
6	Headache																																	
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MONTHLY DR TB CLINICAL REVIEW TEAM CHECKLIST

- 1. To be filled by the chair of the review team
- 2. Confirm and put a tick against each variable carried out

		Base line	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1	Date																									
2	Record age in years																									
3	Record weight at current visit																									
4	Record BMI at current visit																									
5	Nutrition support given Y/N																									
	Record follow up tests reviewed at visit depending on month of treatment (audiometry, hgm, LFTs, UECs, CXR, LFTs, CD4, repeat																									
7	Blood drawn for Lancet Labs Y/N																									
	Screen for clinical symptoms of common ADRs (and complete the daily DR TB side effect monitoring form) Y/N																									
9	ADR forms filled and reported to county pharmacist Y/N																									
10	Drug adjustments made Y/N																									
11	Record reasons for drug adjustment e.g. weight gain, weight loss, ADR																									
12	Record date drugs adjusted																									1
13	Record results of latest monthly smear microscopy																									
14	Record results of latest monthly culture																									
15	Where applicable, any ART adjustments made to dosage? Y/N																									
16	Record date adjustment made																									
17	Record reason for ART adjustments e.g. ADR, ART Resistance																									
18	Patients received monthly support Y/N																									
<u> </u>	Has the patient been enrolled with NHIF ?																									
20	Where applicable DOTS nurse received monthly transport support Y/N																									
21	DR TB Tx Counselling done? Y/N																									



National Tuberculosis, Leprosy and Lung Disease Program

1st Floor, Afya Annex, Kenyatta National Hospital Grounds P.O. Box 20781 – 00202 Nairobi

Email: info@nltp.co.ke www.nltp.co.ke







